

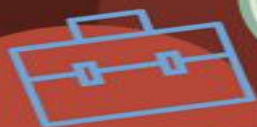


SENIOR SCHOOL HERALD

# CIS



STAY TUNED



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## FROM THE EDITORS:

On behalf of our school, we, students of Class 6A are reporting the recent activities and exciting programmes. For the last 2 months, it has been a rush. Exams are around the corner, so the pressure is increasing. On February 20<sup>th</sup>, our friends from grade X, A5, A2 and IB2 started their mock exams. In this month grades VI-IX and IB Yr-1 had their PTM.





## Art Orientation on March 7<sup>th</sup>

We had a Coffee Meet with the parents of Class 6 to Class 10 on 7<sup>th</sup> March. This was an attempt to interact with the parents and to let them have better understanding about the Art curriculum at CIS. They became aware of the future career options in Art. All the Art Teachers, the Heads and the Principals were present.

### Parent speak:

"When we were growing up Art was considered something you pursued as a hobby. But, nowadays, formal education in Art throws open so many avenues and fields for children to explore. It was extremely interesting to get an input from all the teachers in the Art department about the various streams of Art in the present scenario. Listening to them made me realize how important it is to have a strong and secure foundation in Art. This helps the child realize his strengths and weaknesses as he goes on to higher classes, thereby enabling him to make the right decisions with regards to choose of subjects. As parents, it is our duty to guide them and this orientation helped me to get educated regarding the wide array of career options available in this field."

-Milind Pooviah





# Holi Assembly



The Holi assembly on the 8<sup>th</sup> of March was a short but effective one. There were two songs sung by Shovit Bhattacharya and Shubhraneil Ganguly of class 6A. One was 'Ore Grihobashi' which talks about the festival of "Dol" or the Bengali representation of Holi. The second one was 'Shobarey Kori Aovhan' which talks about the welcoming of spring and colours after the dark and gloomy winter. Then our Section Head Mrs. Mukherjee told us about how to be safe while playing with colours in the colourful festival.

*-Shubhraneil Ganguly*





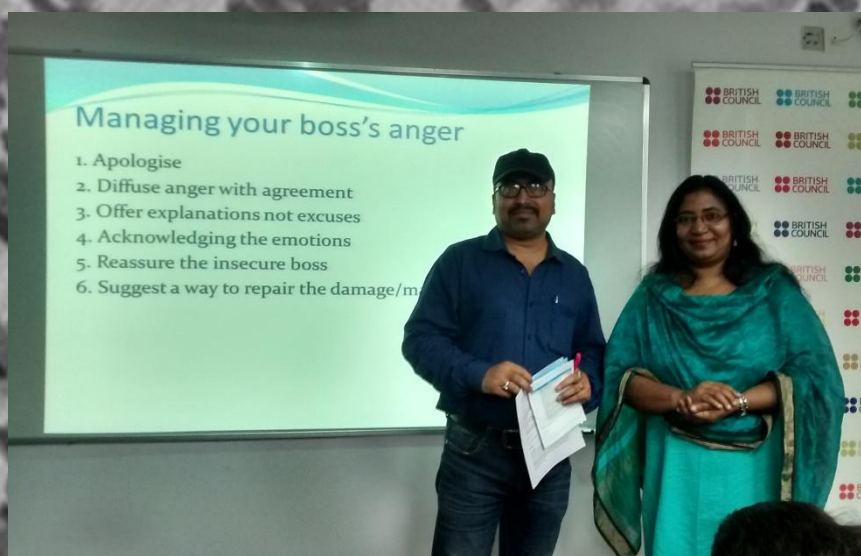
## Anger Management

Mr. Subrata Ghosh, HOD Art & Design, attended a workshop on

'Anger Management' organized by British Council, Kolkata on Friday 31 March 2017 as part of its special series of self-development workshops and seminars organized exclusively for its members. The workshop was held at the British Council premises.

"Anger management is a useful skill in building positive relationships and contributes to both social and emotional development. In difficult and tricky situations, people often become combative or defensive if they cannot express their views. This skill teaches us to air our views in a clean and direct manner while ensuring mutual respect. After this workshop, we have understood the differences between aggressive and passive responses, the essence of silent responses, ways to improve one's self-control and use calming techniques to manage anger."

- *Subrata Ghosh*





# Vernacular Elocution Competition 2017

On Friday, 1<sup>st</sup> March 2017, the vernacular elocution competition for classes 6 to 9 took place. The audience was eager to hear the participants recite their poems and were even more excited for the results.

The program began with the German, Mandarin & Korean language elocution competitions. After a brief break the Bengali & Hindi language elocution competitions took place.

The elocution competition was engaging and entertaining for all the members present in the AV Room. The participants recited their poems/pieces exceedingly well, and there was keen competition.

*-Shubhan Agarwal*





## *Trip to Japan*

Being a part of the JICE (Japan International Cooperation Centre) – JENESYS (Japan East Asia Network of Exchange for Students and Youths) was a lifetime experience. It was a fully funded cultural exchange programme conducted by the Japan Ministry of Foreign Affairs. I would like to convey my heartfelt thanks to Calcutta International School and Dr. Munmun Nath for giving me such a wonderful opportunity. The exchange programme is conducted for the exchange of Japanese and Indian culture.

*- Saheli Gupta, Faculty, Dept. Of English*



## *CAS Trip : Build for Habitat for Humanity, 10<sup>th</sup> – 11<sup>th</sup> March*

Habitat for Humanity, India, is a non-profit organization that builds homes and provides housing-related services to low-income, marginalized families across India. Their Vision is "A world where everyone has a decent place to live". The IB Yr-1 students volunteered to help in building houses for Habitat for Humanity, in the village Koppiyampuliur, Tamil Nadu. The students were actively engaged in various construction activities for two consecutive days. It was a great learning experience for them and the students exhibited tremendous perseverance and commitment towards the project.

*- Debleena Gupta*





## **Irish Immersion**

Meeting new people is always a pleasure, especially if they come from a different place with a different culture, and the enthusiasm which the Irish students brought was refreshing and exciting. We hit it off from the moment they stepped in and had learnt a surprising amount at the end of the day. They were so interested in everything, trying to imitate the mudras from the welcoming dance and engaging competitively in the ice-breaking quiz. On the field, the energy reached new heights. The boys joined in on the girls' basketball match after cheering madly with their flag and the football match was one of a kind. We even played a game of tag rugby which they taught us. The dance session was colourful, with Indian and Irish performances and ended up with a fusion of the two. The art session was equally wonderful; some of them even painted their flag on the given pots. Lunch in the music room was interesting to say the least. Some people sang and played the piano while others taught us skills of rugby. We got to know them during this time and the goodbye was bittersweet. The teachers with them were very encouraging and wanted us to visit Ireland. This visit cleared all doubts in our mind about going there and we readily agreed. We look forward to such exchange programmes in the future.

***–Saloni Todi***





Activities with the Irish team



## **Debate on 'exams evaluating your knowledge'**

On the 24<sup>th</sup> of March, class 6, 7 and 8 attended a debate in the AVR. Students of class 8 debated on the motion: Exams test one's knowledge. There was a very heated conversation with a lot of good arguments from each speaker. The audience was engrossed fully in the debate and for once there was pin drop silence. The judges were very pleased with the performance of every student and they nominated 3 students as the best speakers of the debate.

Peniel Moon of class 8a secured the first place, Sreejita Roy of 8a and Anjali Surana of 8b secured the second and third places respectively.

*By- Anastasia Chattopadhyay and Arushi Sanghi*





## French Project 6A

This term, class 6 did a French Project on 'Les fêtes français' (French Festivals). Class 6 enjoyed this project a lot. Some of the festivals which were brought up are 'Fête de la musique' (The festival of music), 'La fête Nationale Français (Bastille Day) and 'Cirque de Demain' (The Circus of tomorrow. We presented our project to our peers and teacher. It was a lot of fun and very educational.

- Ayusha Sarangi



## MATHS-DREAMHOUSE PROJECT

Our Dream House is completely imaginary. We made the furniture with model making clay, the walls and floors with mount board. We painted the furniture, walls and floor. We learnt how to make plans on a graph paper and made a model based on estimation. It helped us understand how accurate our estimation must be and improved our skill to estimate and predict. It also helped us take decisions as a group and work as one. We thoroughly enjoyed the process of making our dream house and look forward to taking up more challenges like this.

-Mashiat Aubro





## Paper planes

Class 6 students attended an interesting Workshop-Paper planes - to introduce concepts of Science-Gravity and Force using innovative methods. It was about the different techniques and structures of Paper planes. It was organised by Australian High Commission, New Delhi and Artsacre Foundation. Everyone enjoyed making planes by following their instructions. We watched an inspirational movie; it was about a boy willing to win the best paper plane competition and his struggles to accomplish it. Then we went out to an open compound and flew our hand-made planes.

It was a memorable experience!

-Anastasia Chattopadhyay



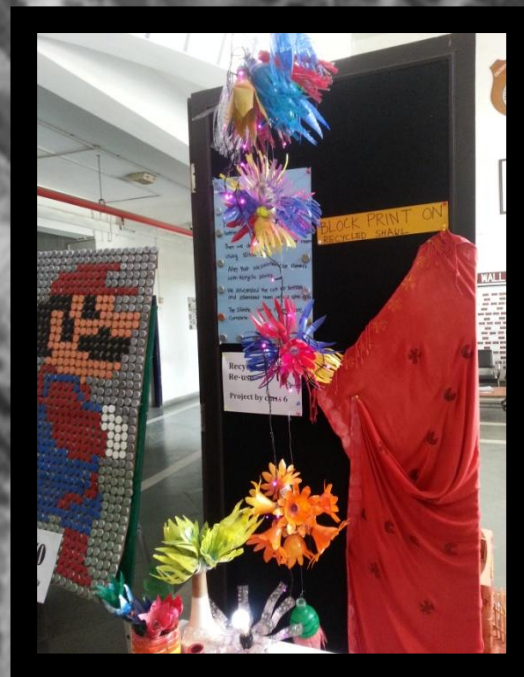
## Exam stress management

On Friday, 24 February, 2017 an eminent psychiatrist from Fortis Hospitals conducted a session on "Study skills and Examination stress". In this workshop, we learnt how to plan and manage time efficiently without getting stressed. We learnt to plan effectively, set SMART (Specific, Measurable, Achievable, Realistic and Time Bound) Goals, prioritize work and manage time properly. The visiting psychiatrist explained that we should study at stretches of 45 minutes with short 15-minute break in between. During the break, we were advised to exercise or have a light snack instead of drinking coffee or watching/using any screens. He told us to work on concentration exercises such as crosswords, word searches before studying for improvement of focus and concentration. He made us aware that we should take notes or highlight while reading. He also said something that surprised me: he said 'stress improves concentration but too much stress can cause performance levels to go down'. During the exams, we were advised to focus, sleep and wake up at proper times and play outside. He also told us to avoid comparing with our peers, worrying about results, overworking and drinking caffeine or self-medicating. Overall I found this workshop helpful and decided to follow his advice as it would be beneficial in my examinations. I now know exams can be handled very easily.

-Rohan Marda



Display of Art work by class 6, 7 & other classes





## ***Class management***

Teachers of Calcutta International School attended a workshop on 'Classroom Management' conducted by British Council on Saturday 25 February 2017.

This workshop was led by Dr Sumita Banerjee.

It was a very informative and interesting workshop. Teachers from different schools attended it. "As teachers, we experience different changing social norms through our daily interaction with children.

This workshop clearly pointed out certain class management techniques which have lost their relevance today and are proven that they are not necessarily the ideal way of dealing with children.

The interactive sessions included group discussions and role plays. It was an enriching and a beneficial session".





## Class 6 trip to Santiniketan

We went to Santiniketan on the 10<sup>th</sup> of February for our annual school trip. We were excited as this was our first overnight trip. We departed from school at 7:00 am and reached our resort, Mark and Meadows after a bus journey of 6 hours. After checking into the hotel, we had a quick lunch and then went for our tour. We went to Uttarayan, Kaanch Mandir, Chattimtala Garden and many other historical sites. After returning to the hotel and resting for a while we had a bonfire. We roasted and ate marshmallows and participated in a tribal dance. We had our dinner and went to our rooms. Some people were playing whereas some were fast asleep. The next day, Mrs. Mitra had organized an art activity for us. We had to sit and draw some local landscapes, mud houses and trees. We left for Amaar Kutir to buy souvenirs and there we also got a flavour of the folk songs of Bengal through the 'Baul' songs.

We returned to school by 7pm.

-Class 6 students





# Visit to Kunmin No.3 School in China

Our Principal - Dr. Munmun Nath and our senior school faculty, Mrs. Debjani Sen, visited the Kunming No.3 School in China recently, to initiate an Exchange programme of CIS with the host school. The school is a brilliant example of a place where technology preserves traditions. The school has agreed to pursue an Exchange programme with Calcutta International School.





## World Forest Day

On 21<sup>st</sup> March, World Forest Day was observed at CIS. Classes 6A and 6B received plants from the students of IB yr-1. We added labels and wrote our names on our potted plants. We will now tend to our own plants by watering them. Nurturing them gives us a sense of satisfaction.

-HaSun Bae



## History Project Class 7

We did a History Project on the American Civil War. It was a bit more than we bargained for. It was quite interesting and the topic had created curiosity and kept us engaged. We also learnt about many heroic figures.

-Suryaansh Basumallik





## Class 8 Hindi project

Hindi Project on demonetization:

Demonetization is the replacement of old currency with new currency. Class 8 Hindi students wrote about the advantages and disadvantages of demonetization and the students enjoyed doing this. They also added hilarious and witty jokes. –Aditya



The G.P (Global Perspective) students of class 9 went on an educational trip around Calcutta conducting a traffic survey. They did a traffic count in the Central Business District (CBD) of the city as well as in the suburbs. It was very interesting!

## IAYP TRIP...

From 2<sup>nd</sup> to 7<sup>th</sup> January, Class 9 and 10 along with Ms. R. Banerjee,

Mr. Samitava Mukherjee and Mr. D. Bagli trekked to Tumling from Maneybhanjan. On the first day, in Maneybhanjan we went for a short acclimatisation trek. We learnt the skills of breathing properly and walk with balance. There was a 'rope session' for learning different types of knots, 'reading signs' on the trail. The actual trek was 25 km uphill with four stops in between. It was a difficult trek. Only 12 out of 25 students made it all way. We spent some days in Tumling visiting famous spots and observing rare flora and fauna. A unique bird– blue tailed magpie was very common around our place of stay as there was a nest close by.

–Sarah Muthedath





## Movie Trip

On May 31st classes 6, 7 and 8 went for the movie Poorna. The film is about Poorna, a girl who created history on May 25, 2014, by becoming the youngest girl in the world to climb Mount Everest. We went to Inox in South City. All of us enjoyed the movie. At the end, we learnt that we should never give up and that the past has gone, so we must move on in life. This was an extraordinary experience that we will cherish and we eagerly hope to have more such outings for educational and inspirational movies.

-Rohan Marda

### *GLIMPSES OF THE FILM 'POORNA'*





Credits ...

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Remember  
Me?



Thank  
You